



**Do you have someone close to you
with a mental health problem or illness?**

**Families Matter in Mental Health
Education and Support Program**
11 - Week Program

Education ■ Support ■ Coping Strategies for Family and Friends

Dartmouth/Cole Harbour

Tuesday March 7 – May 16, 2017

6:00 – 8:00 pm

**East Dartmouth Community Centre
50 Caledonia Road, Dartmouth**

To register please call Healthy Minds Cooperative:
(902) 404-3504, or email: hmnavigator@eastlink.ca

**Mental & Health
Foundation**
of Nova Scotia

... Building a partnership for care



